

Across the world, access to nutritious food is an ongoing struggle that has been exacerbated by the COVID-19 pandemic, the ongoing war on Ukraine, and large-scale weather events. Between 691 and 783 million people face hunger and food insecurity.

Training and support for long-term solutions to hunger and economic development as well as emergency relief provide hope. Mubire participates in a banana growing project in Rwanda. "[These agricultural skills] helped me start solving problems I was having at home . . . it has helped me transform my life for the better."

#### 2023 CHRISTMAS PROJECT

This year, the NCM Christmas Project will support projects in Malawi, Burundi, Armenia, Ukraine, Benin, Zambia, the Middle East, Sri Lanka, and beyond.

#### Will you alleviate hunger and spread hope this Christmas?

#### HOW YOU CAN HELP

**PRAY** for people worldwide who do not know how they are going to feed their families, for those suffering from illness due to malnutrition, and for those working for solutions to these critical needs.

**GIVE** to provide nutrition education and resources across the world:

- -Give online at NCM.ORG/Christmas
- -Give through your local church by designating your gift to NCM Christmas Project (Code 136970)

**SHARE** with your church, family and friends about this project!







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